

Infants to 1s Transition Readiness Rubric

Student Name:		Review Date:		Evaluator:	
Goal Category	Not Yet Observed (1)	Emerging (2)	Ready for 1s (3)		
Feeding: Pincer Grasp	Uses a whole-hand raking motion to pick up food.	Beginning to use fingers but struggles with smaller pieces of table food.	Consistently uses a pincer grasp (thumb and forefinger) to pick up small foods.		
Feeding: Plate	Relies on being spoon-fed.	Attempts to eat from a plate but often flips it or requires help gathering food.	Consistently and successfully feeds self from a plate.		
Feeding: Sippy Cup	Drinks primarily from a bottle or needs a teacher to hold the cup.	Can hold a sippy cup but spills often or still relies on a bottle for primary hydration.	Independently holds and drinks from a sippy cup to meet hydration needs.		
Gross Motor: Seating	Requires a high chair with straps or a boppy/support to sit upright.	Can sit in a small chair but frequently slides down, tips over, or needs repositioning.	Sits safely and securely in a small child-sized chair for the duration of a meal/activity.		
Gross Motor: Walking	Crawls, cruises along furniture, or requires hand-holding to walk.	Takes independent steps but is unsteady especially when wearing shoes.	Walks independently and confidently while wearing hard-sole shoes.		
Personal Care: Shoes	Constantly pulls off socks/shoes or refuses to wear them.	Will wear shoes for short periods but frequently takes them off or needs them re-tied/secured.	Tolerates and keeps hard-sole shoes on their feet throughout active play times.		
Self-Regulation: Pacifier	Requires a pacifier frequently throughout the day to remain calm.	Needs the pacifier occasionally during active play to soothe from minor upsets.	Goes entirely without a pacifier during active play times (requires it only for nap time).		

Scoring & Recommendation ____1____2____3=_____/21

90% (18.9 or better): The child is ready to transition.

70-89% (14.7-18.8): The child is Emerging. Consider extra practice on emerging skills before finalizing the move.

<69% (<14.7): The child is not currently ready to transition. The current service level is still required for safety and development. Reevaluate in **one month**.

Notes: